

# **General Safety Instruction**

## **Institute of Phytomedicine (360)**

### **Overview**

- A. Laboratory Access
- B. Safety Regulations and Instructions
- C. Accident Prevention
- D: Substitution of CMR Substances
- E. Emergency Procedures

## A-1. Laboratory Access

- Access permitted **only to employees, students, and trainees** who have completed the **safety instruction**.
- Entry **only during working hours**.
- **No visitors** allowed – see exception regulations.

**For exceptions, consult the group manager**

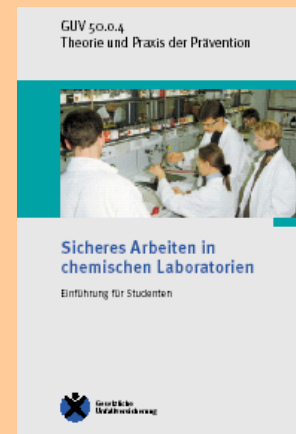
## B-1. Safety Regulations



## B-2. Safety Regulations

- A **completed safety instruction**, including **documentation and signature** of the instructed person, is an **absolute prerequisite** before starting any laboratory work.
- This safety instruction is performed within each department by the **designated responsible persons**.

**Basis of the instruction includes**  
Laboratory Guideline GUV - R 120  
Safe Working Practices GUV - I 8553



## B-3. Safety Regulations

### In the Laboratory



















- **Safety glasses, lab coats (cotton), and closed shoes** are mandatory personal protective equipment (PPE).
- **Eating, drinking, and smoking** are strictly prohibited.
- **Working alone** is not permitted (especially on weekends).
- Before starting any laboratory work, **general and, if applicable, specific safety instructions** must be completed.

## C-1. Accident Prevention

- **Measurement procedures on machines or chemical reactions** (e.g., drying in an oven) must always be **supervised and monitored**.
- **Chemical containers** with prepared solutions must be **clearly and correctly labeled**.
- Maintain **cleanliness** and **report any damage promptly**.
- **Spilled materials** must be safely absorbed and removed using **absorbent pads**.
- **Transport** chemicals and materials using **buckets or carts with side walls**.
- **Secure gas cylinders** with chains or store them in **approved safety cabinets**.
- Ensure **proper waste disposal** in designated containers and **use resources sparingly**.

## C-2. Accident Prevention

### Simplified Overview: New (neu) and Former (alt) GHS Labeling Symbols

GHS-Symbol (neu)					
Signalwort (neu)	Gefahr / Achtung	Gefahr / Achtung	Gefahr / Achtung	Achtung	Gefahr
Gefahrenhinweis (alt)	Explosions-gefährlich	Leicht-/Hochentzündlich	Brandfördernd		Sehr giftig / Giftig
Symbol nach Anhang II der Richtlinie 67/548/EWG (alt)		F+ F 			T+ T 
GHS-Symbol (neu)					
Signalwort (neu)	Gefahr / Achtung	Achtung	Achtung	Achtung	Gefahr / Achtung
Gefahrenhinweis (alt)	Ätzend	Gesundheitsschädlich	Reizend	Umweltschädlich	
Symbol nach Anhang II der Richtlinie 67/548/EWG (alt)					



# D-1. Handling and Substitution of CMR Substances

(Carcinogenic, Mutagenic, or Reprotoxic Substances)



- What are CMR Substances and Why Must They Be Substituted?  
CMR substances are carcinogenic (C), mutagenic (M), or toxic to reproduction (R). They pose a particularly high risk to human health.
- Employer Obligations (§ 7 German Hazardous Substances Ordinance – GefStoffV):
- Under the Hazardous Substances Ordinance (GefStoffV), there is a clear obligation to substitute such substances wherever technically feasible.
- This means hazardous substances must be replaced by less hazardous substances or processes.
- For CMR substances, this substitution requirement is especially strict, as they are classified as particularly hazardous substances — specifically categories 1A and 1B under the regulation.



## D-2. Identification of CMR Substances

CMR substances are identified using the university-wide Chemical Inventory System (**DaMaRIS – Dangerous Materials Registry Information System**).

- At **Institute 360**, access to DaMaRIS is provided **through the designated Safety coordinator**
- **Regular Updates:**  
The chemical inventory – **DaMaRIS** – must be **reviewed and updated at least once per year** to ensure accuracy and compliance.

### Search Procedures for CMR Substances:

A **specific evaluation** of an individual chemical (e.g., **formalin**) can be performed.

Alternatively, a **comprehensive database search** can be conducted using the **CMR template** to identify all relevant substances.

### DaMaRIS - data entry form

Bitte Suchkriterien eingeben:

CAS-Nummer	<input type="text"/>
Stoffname:	<input type="text" value="formalin"/>
Summenformel:	<input type="text"/> (wird normiert nach Hill)
Stoffbörse: <input type="checkbox"/> alle Räume: <input type="checkbox"/> selbstdefiniert: <input type="checkbox"/> alle Stoffe: <input type="checkbox"/> Anzahl: <input type="text" value="50"/>	




Suchergebnisse:

Stoffnummer	CAS-Nummer	Stoffname	Summenformel	Gefahren
S605010010	50-00-0	Formaldehyd (Formalin)	CH <sub>2</sub> O	↓ ☠️ ⚠️
S605010338	50-00-0	Formaldehyd, 4 %ige Lösung in Wasser, weniger als 3 % Methanol (Formalin, Lösung, 4%)	CH <sub>2</sub> O + H <sub>2</sub> O + CH <sub>4</sub> O	↓ !
S605010538	50-00-0	Formaldehyd, 10 %ige Lösung in Wasser, weniger als 2 % Methanol (Formalin, Lösung, 10%)	CH <sub>2</sub> O + H <sub>2</sub> O + CH <sub>4</sub> O	↓ !
S605010038	50-00-0	Formaldehyd, 37 %ige Lösung in Wasser mit 10 % Methanol (Formalin, Lösung, entzündbar)	CH <sub>2</sub> O + H <sub>2</sub> O + CH <sub>4</sub> O	⚠️ ☠️ ⚠️
S605010013	1664-98-8	Formaldehyd-d2 (Lösung in 20 Gew.-% D2O) (Formalin-d2 (Lösung in 20 Gew.-% D2O))	CD <sub>2</sub> O	⚠️ ☠️ ⚠️

## D-3. Substitution Process

### Formaldehyd

**Information Gathering:**  
Information on a specific  
CMR substance is obtained  
by entering the substance  
into the **chemical registry**,  
in this case **DaMaRIS**  
(**D**angerous **M**aterials  
**R**egistry **I**nformation  
**S**ystem).

Formaldehyd	
Synonym	Formalin
Bezeichnung nach ADR	FORMALDEHYDLÖSUNG mit mindestens 25 % Formaldehyd
Bezeichnung nach GHS	Formaldehyd ... %
Stoffinformationen	
CAS-Nummer	50-00-0
Summenformel	CH <sub>2</sub> O
Wichtige Hinweise zur Einstufung	<i>Für diesen Stoff sind keine P-Sätze hinterlegt. Bitte stellen Sie die passenden Sätze gemäß CLP-Verordnung und den betrieblichen Anforderungen selbst zusammen.</i>
Klassen	Akut. Tox. 2, Akut. Tox. 4, Hautätz. 1B, Sens. Haut 1A, Muta. 2, Karz. 1B
Piktogramme	  
Signalwort	Gefahr
H-Sätze	H350 H341 H330 H302 H314 H317
EUH-Sätze	EUH071
Einstufung	2024/2564

## D-4. Substitution Process

### Formaldehyde

- **Evaluate Substance-Specific Risk Assessment:**
- **Examine Work Procedures:**  
Review how formaldehyde is originally used in the workflow.
- **Information Search for Substitution Options:**
  - TRGS 600 / 900 on replacement substances
  - Safety Data Sheets (SDS)
  - DaMaRIS chemical registry
- **Preselection of Potential Alternatives:**  
Evaluate alternative substances in terms of feasibility and compatibility with existing work procedures.
- **Key Selection Criteria for Replacement Substances:**
  - Health Hazards
  - Physical and Chemical Risks (e.g., potential for release, fire, explosion)
  - Technical Suitability for your process and workflow
  - Environmental Aspects

## D-5. Handling of CMR Substances

### Protection of Health and Life

CMR substances can cause serious health damage even in small quantities and must therefore be **substituted or minimized** whenever possible. This reduces exposure for employees, students, the environment, and third parties.

Employers (or supervisors acting on their behalf) are **obligated under § 5 of the Occupational Health and Safety Act (ArbSchG)** to conduct **individual risk assessments** for all CMR substances used.

In addition, it must be **thoroughly documented** why substitution was not possible.

**The documentation must include:**

- The **individual risk assessment** for the CMR substance intended for substitution
- The **work procedures** involving the respective CMR substances
- **Comprehensive research** on possible alternative substances or methods, including justification for why substitution is not feasible in this specific case

**The legal and technical basis for the minimization requirement** is defined in the following essential Technical Rules for Hazardous Substances (TRGS):

**TRGS 400** – Risk Assessment

**TRGS 500** – Protective Measures

**TRGS 600** – Substitution

## E-1. Emergency Procedures

### Stay calm:

- **Identify** what has happened
- **Assess** possible dangers
- **Act** accordingly

### Actions:

- **Secure the accident site** (e.g., activate the emergency stop)
- **Move injured persons** out of the danger zone **only if it is safe to do so**
- **Alert others** in the danger area
- **Provide first aid**
- **Call emergency services:**  
(0)112



### First Aid Facilities

**First aid kits on each floor**

Contact person

**Betriebsarzt Tel. 22976**

First aiders

**Frau B. Höglinger Tel. 22401**

**Frau B. Kaufmann Tel. 22396**

**Frau A. Fekonja Tel. 24652**

**Herr Prof. Gerhards Tel. 22399**

## E-2. Emergency Procedures

### Safety facilities



**Emergency Exits and  
Escape Routes**



**First Aid Kits (What to Do)**



**Alarm Systems, Telephone  
(Emergency Call)**



**First Aid Room,  
Stretcher**



**Assembly Point**



**Fire Extinguishers and  
Fire Alarms**



**Emergency Shut-Off for  
Utilities  
Gas, Water, Electricity)**



**Eye Wash Station**



**Respiratory Masks, Filters**



**Safety Shower**